

CARTER BURDEN NETWORK

ANNUAL REPORT FY 2022



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LETTER FROM BOARD CHAIR AND EXECUTIVE DIRECTOR

As a leader in aging services for over 50 years, the Carter Burden Network (CBN) is committed to evolving to better serve our clients year after year. Fiscal Year 2022 was a year marked by innovation, building, and renewal across our 11 programs. While our staff, consultants, and volunteers continued to provide services with the radical hospitality for which CBN is known, they also went above and beyond, strengthening and enriching our programs to more holistically meet the needs of our members. These efforts would not have been possible without the guidance, generosity, and collaboration of our Board of Directors, funders, and community partners.

Although the COVID-19 pandemic has created significant challenges over the past several years, it has also highlighted the importance of technology and innovation in aging services. In the past year, CBN completed, expanded, and launched several technology pilots that helped older adults cross the digital divide, connected participants to critical virtual resources, and enhanced our methods of communication and program delivery. In particular, our Roosevelt Island Older Adult Center served as a hub for technology innovation through intensive technology projects.

While we were so pleased to be open for in-person services for the majority of the year, we were also committed to building from the lessons learned during the height of the pandemic. As such, we maintained robust virtual programming throughout the year, ensuring that homebound older adults could continue to benefit from our activities. We also implemented hybrid in-person/virtual programming at our Leonard Covello Older Adult Center to strengthen the sense of community between those attending classes in different ways.

CBN has also made important organizational changes based on lessons learned from industry-wide efforts to reframe aging. The movement to reframe aging is designed to combat ageism and improve public understanding of aging. As a part of this initiative, you may notice that CBN has adopted new language, including referring to what we previously called “senior centers” as “older adult centers.” Language is just one of the tools in the effort to reframe aging and it is something that will continue to evolve as we learn from our members and others in the aging services field.

As we continued to emerge from the pandemic and more and more familiar faces returned to our programs, our communities were uplifted with a sense of renewal. Our members were reunited with friends, instructors, and their favorite activities. This renewal was two-fold at our Carter Burden Luncheon Club, where a nearly three-year renovation was completed, bringing improved lighting, enhanced kitchen space, a functioning elevator, and improved programming space.

We are so thankful to everyone who has made these achievements possible and supported us in continuing to deliver our core programming and wraparound supports to combat food insecurity and isolation, which will always remain at the forefront of our work. We hope that you enjoy this report, detailing CBN’s work in Fiscal Year 2022 (July 1, 2021 to June 30, 2022) as well as our vision for the coming year.



JEFFREY A. WEBER
Board Chair



WILLIAM J. DIONNE
Executive Director

OUR MISSION

The Carter Burden Network (CBN) promotes the wellbeing of older adults 60 and over through a continuum of services, advocacy, arts and culture, health and wellness, and volunteer programs, all oriented to individual, family, and community needs. We are dedicated to supporting the efforts of older people to live safely and with dignity.

The Pillars of Our Work

Older Adult Centers

Our four older adult centers in East Harlem, the Upper East Side, and Roosevelt Island are welcoming community resource hubs offering congregate meals, case management, arts education, health and wellness programming, technology courses, and socialization opportunities.

Social Services

Our social service programs provide older adults with tailored and individualized services that enhance their access to resources and benefits, offer emotional and practical support, provide advocacy, and combat elder abuse to support clients in aging in place in their communities.

Arts and Culture

Providing older adults with opportunities to express themselves creatively, be heard and seen, and pursue their passions is critical to our mission. We offer arts exhibition and education programs for both professional and amateur artists of all skill levels via our Carter Burden Gallery and Making Art Work program.

Health and Wellness

Through tailored programs and services with community partners, our health and wellness department offers activities such as fitness classes, evidence-based courses, health education workshops, and research projects that engage the older adult's mind, body, and spirit, while contributing to best practice in aging services.

Volunteer Services

CBN works with individual, corporate, and intergenerational volunteers to create civic engagement opportunities for our community members that support our 11 programs and connect our clients to critical services and engaging activities.

FY 2022 PROGRAM HIGHLIGHTS

OLDER ADULT CENTERS (OACs)

CBN's four OACs in East Harlem, the Upper East Side, and Roosevelt Island joyously welcomed back more members in FY 2022 while taking on new and innovative programs unique to the needs of the communities they serve. **Together, the OACs served 2,441 unique clients and distributed 62,294 meals.**

Leonard Covello OAC (East Harlem)

In FY 2022, The Covello Center reopened to a 7 day a week schedule, providing its range of innovative programs and meals daily to a high need population. It also became an innovator in virtual program delivery. Through a grant from the Hyde and Watson Foundation, the Center acquired state of the art technology to deliver hybrid virtual/in-person programming, facilitating greater connection between participants.

"I am always high on the camaraderie at Covello. I always feel healed when I leave here."

-Alex Coleman, Leonard Covello OAC member

Lehman Village OAC (East Harlem)

As Lehman Village is a satellite of the Covello OAC, its members can benefit from the activities offered by both centers. In FY 2022, Lehman continued to strengthen its own programming, completing a multi-year community mural project funded by the National Endowment for the Arts (NEA). The project was led by a professional artist who provided multilingual painting classes, facilitated community engagement sessions during which participants developed mural themes, and led collaborative mural painting sessions, leading to the development of three murals, which beautified and personalized the OAC space within a public housing complex.

"The mural is a celebration of the ecological beauty of our planet as the residency wanted to bring nature into their space and bright colors. The process is coloring book style imagery that attached to acrylic on canvas. This process allowed participants to create independent components that come together into a symphonic color pattern. It was a growing process both in terms of the art but as community as well."

-Maria de Los Angeles, Lead Artist, NEA project



Roosevelt Island OAC

In FY 2022, the Roosevelt Island OAC leveraged grant funding and collaborated with community partners such as Cornell Tech to provide innovative technology programming to members and evaluate those programs to contribute to best practice and replication throughout the aging services sector. These pilot projects and their results are further detailed on the following page.

"I have been active at the Roosevelt Island OAC since its arrival here in July 2016. As a member and volunteer I have found the Center a rewarding place to use the programming. The unique island community could lead to isolation, but CBN staff have a talent to bring people back to the Center."

-Judith Berdy, Roosevelt Island OAC Member

Carter Burden Luncheon Club (Upper East Side)

An anchor in its community since 1975, the Club concluded a much needed multi-year renovation in FY 2022. With improved lighting, kitchen space, infrastructure, and recreational space, the Club will be an even more inviting place for meal programming and activities in the years ahead.

"I am an active member of the Luncheon Club. It is a great pleasure that I look forward to every day. The food is by far the best in the neighborhood but more importantly, the staff members are very nice, lovely, and respectful people. They make us feel so warm and welcome. The activities are great and I try to participate as much as I can. I cannot wait to move back to the original location. I love coming to the Center and will continue doing so as long as I can."

-Leo Bookman, Luncheon Club Member

FY 2022 PROGRAM HIGHLIGHTS

TECHNOLOGY PILOTS

In FY 2022, CBN's Roosevelt Island OAC completed two robust technology pilots – Tech Pals and Senior Bridge – establishing itself as an innovative technology hub.

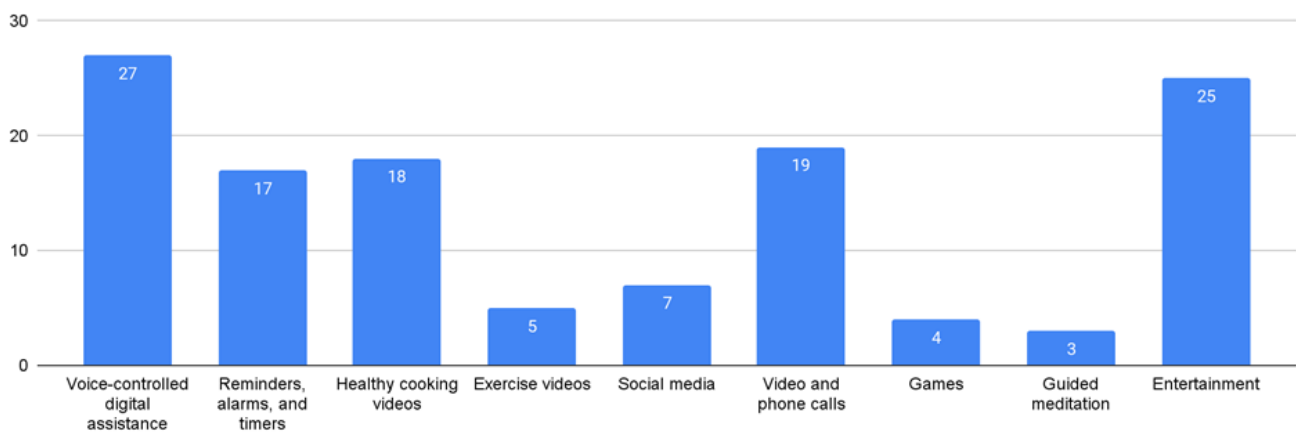
Tech Pals

Tech Pals was a 2+ year project funded by the New York Community Trust, providing smart screen devices to 40 homebound older adults; one-on-one device setup, training, and troubleshooting support; and virtual programs.

Completed in FY 2022, the project demonstrated significant impact:

- By the post survey, 72% of participants used the smart screen daily; 91% used it at least weekly
- By the post survey, 97% of participants were comfortable using the smart screen
- 70% of participants experienced an increase in self-efficacy
- The number of participants who felt they had access to enough support services increased by 27%
- The number of participants taking medication exactly as prescribed increased by 9%
- The number of participants who rated their physical health as good increased by 14%
- The number of participants who rated their mental health as good increased by 17%

Used Amazon Echo Show Features



Senior Bridge

Senior Bridge was launched during the pandemic with the support of the Fan Fox & Leslie R. Samuels Foundation. In response to growing technological needs, it brought on a Full Time Tech Educator to provide individualized technology education across a range of devices, facilitate low-cost technology acquisition, and connect participants to virtual resources. Serving 115 participants, the project achieved the following:

- 93% of participants reported increased comfort with technology
- 74% reported improved access to virtual resources
- 77% felt that the program helped them stay connected to loved ones
- 93% reported improved quality of life
- 81% reported improved confidence
- 90% were more likely to use technology to meet their needs
- 91% were able to meet needs more efficiently



FY 2022 PROGRAM HIGHLIGHTS

SOCIAL SERVICES

CBN's social service programs provide critical multilingual supports via our OACs, offices, home visits, and by phone/virtually to connect clients to benefits and resources, provide supportive counseling and advocacy, and support safety for older adults aging in place in their communities.



OAC Case Management Units

Social services and/or case management are provided at our Leonard Covello OAC, Carter Burden Luncheon Club, and Roosevelt Island OAC in English, Spanish, Mandarin, and Korean. The trust established via our centers' various programs encourages OAC members to seek out services from the centers' case management offices. **In FY 2022, these units provided 2,980 case assistance contacts to 662 unique clients and 1,317 information and referral contacts to 496 unique clients.**

Social Service Unit (SSU)

Our Social Service Unit serves older adults on the Upper East Side through individualized social services in English, Mandarin, and Cantonese including assistance with benefits and entitlements and referrals to community services. The unit also facilitates monthly discussion groups towards peer support and socialization. **In FY 2022, the Unit provided 189 unique clients with 7,097 case assistance contacts and 3,130 information and referral contacts.**

"Words cannot articulate your immeasurable kindness, generosity, and support since I walked through the door at Carter Burden. You've kept me "above ground" emotionally and physically. Couldn't have survived without you!"

-Connie Athas, Social Service Unit Client

Case Management Unit (CMU)

The Case Management Unit serves high-need homebound older adults throughout Upper Manhattan and Roosevelt Island, providing comprehensive individualized supports in English and Spanish. Typically experiencing deteriorating cognitive and/or physical health, these clients require intensive services, coordination with family members and service networks, and connections to personal supports such as home care and home-delivered meals to help complete activities of daily living. **In FY 2022, the Case Management Unit provided 384 unique clients with 6,739 case management hours.**

Community Elder Mistreatment and Abuse Prevention Program (CEMAPP)

CEMAPP works with older adults throughout Manhattan and Roosevelt Island experiencing elder abuse. Through culturally responsive services in English and Spanish, the unit helps clients return to safety and stability. CEMAPP's services include safety planning, crisis and supportive counseling, court advocacy and legal guidance, and coordination with police. **In FY 2022, the unit provided 318 unique clients with services including 2,995 case assistance contacts and 1,281 counseling contacts.**

The unit also conducts extensive outreach to OACs, Naturally Occurring Retirement Communities (NORCs), community centers, faith-based organizations, and aging service organizations to educate older adults and professionals who serve older adults on elder justice. **In FY 2022, the unit provided 42 presentations, reaching 554 seniors and 68 professionals.**



FY 2022 PROGRAM HIGHLIGHTS

ARTS AND CULTURE

CBN's arts and culture programs enrich the lives of participants, promote creativity, and encourage older adults to always pursue their passions. These programs have created a tight-knit community of older artists who inspire one another and those who see their work.

Making Art Work (MAW)

Operating from our four OACs, virtually, and in a hybrid format, MAW offers a range of arts education classes for older adults of all skill levels including ceramics, painting, printmaking, mixed media, quilt making, embroidery, clothing construction, choreography, music, and chorus. **In FY 2022, CBN offered 2,063 MAW classes attended by 531 unique clients.**

In FY 2022, CBN expanded culturally responsive programming within MAW, offering Spanish and Mandarin sewing classes at Covello, a virtual Chinese painting class, and an English/Spanish mural painting class at Lehman Village. Through a grant from the Manhattan Borough President's Office, we celebrated Chinese artistic culture by launching a project at Covello incorporating Chinese painting, calligraphy, and paper cutting, taught in Mandarin, with English translation.

These classes go far beyond idleness reduction, helping participants hone artistic skills and create significant work. Art developed in MAW classes was celebrated through culminating events, performances, exhibits, and a mural unveiling ceremony.

"Since I've been coming back [to sew], I feel more alive."

Antoinette C., MAW Participant



Carter Burden Gallery

The Carter Burden Gallery exclusively features the work of reemerging professional artists aged 60 and over to combat ageism in the art world and share the unique perspectives of these underrepresented artists. **In FY 2022, the Gallery held 27 exhibits, featuring 249 artists.**

The Gallery also supports artists in enhancing their digital marketability through professional photography and photo editing, maintenance of art sales accounts, social media marketing, and assistance with applying for individual grants. **In FY 2022, the Gallery provided 48 artists with technical assistance.**

During the pandemic, the Gallery strengthened community among its artists through virtual artist meetings where they could share their work and ideas. In FY 2022, based on the success of this initiative, the Gallery sustained virtual meetings and leveraged the comfort built from the meetings to begin hosting in-person Gallery walkthroughs where exhibiting artists speak about their work.

"Being a Carter Burden Gallery artist for the past nine years has been a stabilizing force in my life as I meet the dual challenges of being an artist and aging. Beginning at the age of 69, knowing I had support for my work from a commercial gallery in the heart of New York City, not only acknowledged work I had been doing for more than two decades, but allowed me the freedom to go in new directions. The Gallery and its community of professional artists have given me confidence to go forward with my work making it possible for me to add to my exhibition history."

-Joan Mellon, Carter Burden Gallery Artist

FY 2022 PROGRAM HIGHLIGHTS

HEALTH AND WELLNESS

Our health and wellness program offers preventive nutritional, educational, and fitness programming to support ongoing and holistic wellbeing, while providing responsive action to mitigate risk for older adults during the pandemic.

COVID-19 Response

In FY 2022, CBN provided pop-up vaccination sites in partnership with Ryan Health, helping our members and community residents get vaccinated and boosted. In partnership with iCare Medical, we offered COVID-19 testing at our OACs. We partnered with NY Presbyterian/Weill Cornell Medical Center, Lenox Hill Hospital/Northwell Health, and NYC Health + Hospitals/Metropolitan to deliver presentations on COVID-19, variants, vaccines, and boosters to keep clients informed.

East Harlem Village

Through a partnership with Public Health Solutions and funding from the Administration for Community Living, CBN is participating in a partnership network developing a Village Model for East Harlem public housing residents. In FY 2022, this network advanced its goals of improving nutritional outcomes for older adults by launching coordinated services for members within a closed loop referral system, including nutrition education and counseling, connection to benefits, home delivered meals, technology education and access initiatives, exercise programs, healthcare navigation, and community engagement activities.



Dietary Approaches to Stop Hypertension (DASH) Project Dissemination

In FY 2021, CBN, The Rockefeller University Center for Clinical and Translational Science, and Clinical Directors Network concluded a federally funded intervention, which integrated the DASH diet in our congregate meal menus, provided nutrition and blood pressure education, and facilitated blood pressure monitoring. This was the first time this intervention had been tested in OAC congregate meal settings and resulted in a clinically significant reduction in participants' blood pressure. In FY 2022, the project team conducted extensive dissemination efforts to share results, contribute to best practice, and promote project replication. A paper for the project was accepted for publication in the journal "Nutrition, Metabolism and Cardiovascular Diseases", and the project team presented at the annual Association for Clinical and Translational Science conference in April 2022.

Health Education

CBN provides virtual, in-person, and hybrid health education workshops, exercise classes, and evidence-based falls prevention courses to help older adults gain self-efficacy in their health management. **In FY 2022, CBN served 668 unique clients through health workshops, 398 unique clients through nutrition education workshops, 17 unique clients through evidence-based falls prevention courses, and 552 unique clients through fitness classes.** A common theme in this year's health education curriculum was "food as medicine" with workshops on farming and racial justice, growing your own food to transform the food system, and a legacy cookbook series.

On September 22, 2021, CBN held its third annual Older Adult Falls Prevention Symposium in partnership with NY Presbyterian/Weill Cornell Medicine. The half-day symposium took place virtually and was open to healthcare professionals, human service workers, and older adults, with a goal of sharing best practices in falls prevention. Presenters educated on topics such as telemedicine, vision, muscular strength, blood flow, Parkinson's disease, and evidence-based interventions as they relate to falls and falls prevention. **The symposium was attended by 127 individuals.**

FY 2022 PROGRAM HIGHLIGHTS

VOLUNTEER SERVICES

CBN's Volunteer Services department develops opportunities for civic engagement that support the work of CBN's programs and connect our clients to unique opportunities. As our centers more fully reopened and we offered both in-person and virtual volunteer events, we continued to rebuild our volunteer network through diverse and accessible opportunities. **In FY 2022, 1,553 volunteers provided 6,343 hours of service, valued at over \$219,000.**

Intergenerational Volunteers

Intergenerational opportunities between youth and older adults offer mutual benefits as older adults are provided with emotional and practical supports and enjoyable experiences and in turn, provide youth volunteers with wisdom, guidance, and mentorship. **In FY 2022, 277 intergenerational volunteers provided 265 hours of service.**

FY 2022 marked the start of a critical intergenerational partnership with Teens Teach Technology, a youth-led nonprofit that is bridging the generational gap and empowering older adults through technology. Teens Teach Technology developed tailored lessons offered by teen instructors, responding directly to needs identified by our clients, to help them cross the digital divide.

"From an early age, my brother and I found that playing chess with our grandparents was a way to connect with them even though we are from very different generations. We lost one of our grandfathers a few years ago and during the pandemic we realized that we could still make an impact in the lives of other seniors and this would be a way we could honor our grandfather. We are grateful to CBN for allowing us to bring our chess program to their community."

-Benjamin Nallengara, CBN Intergenerational Volunteer

Corporate Volunteers

In FY 2022, corporate groups from Macquarie Group, Moody's Investors Service, Norges Bank Investment Management, Kindbody, J. Crew, Oaktree Capital Management, Colgate-Palmolive, and Bank of America volunteered via virtual and in-person activities such as distributing meals, preparing cold packs, beautifying our spaces, hosting special events, and providing educational opportunities. **In FY 2022, 215 corporate volunteers provided 550 hours of service.**



Individual Volunteers

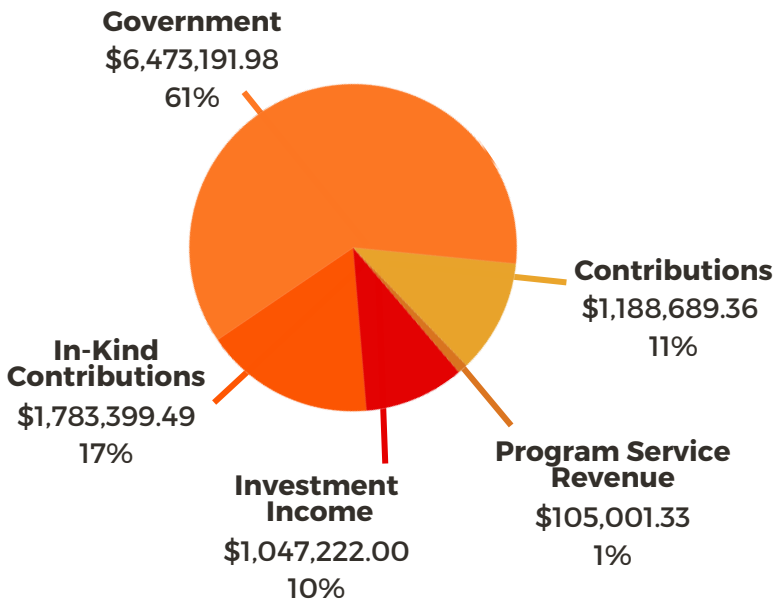
Individual volunteers participated in structured community volunteer activities, while others created tailored opportunities aligned with their interests. In FY 2022, individual volunteers came up with unique ideas to bring joy to older adults such as making holiday cards, putting together holiday gift bags, and decorating Christmas trees at our centers. **In FY 2022, 1,061 individual volunteers provided 5,528 hours of service.**

"After being a nurse for 30 years, I retired, and have had a good fortune to enter into the Carter Burden Luncheon Club volunteer world. Few things can compare to the comradery of the staff, who are always there to assist. I have loved every minute of working in the kitchen serving food, cleaning up, and being with the serene and sincere teammates. It is an honor and distinguished pleasure to work alongside such a great team with such a wonderful Older Adult Center leader. My only wish is that everyone could have the good fortune to be able to volunteer and be part of such a solid genuine family."

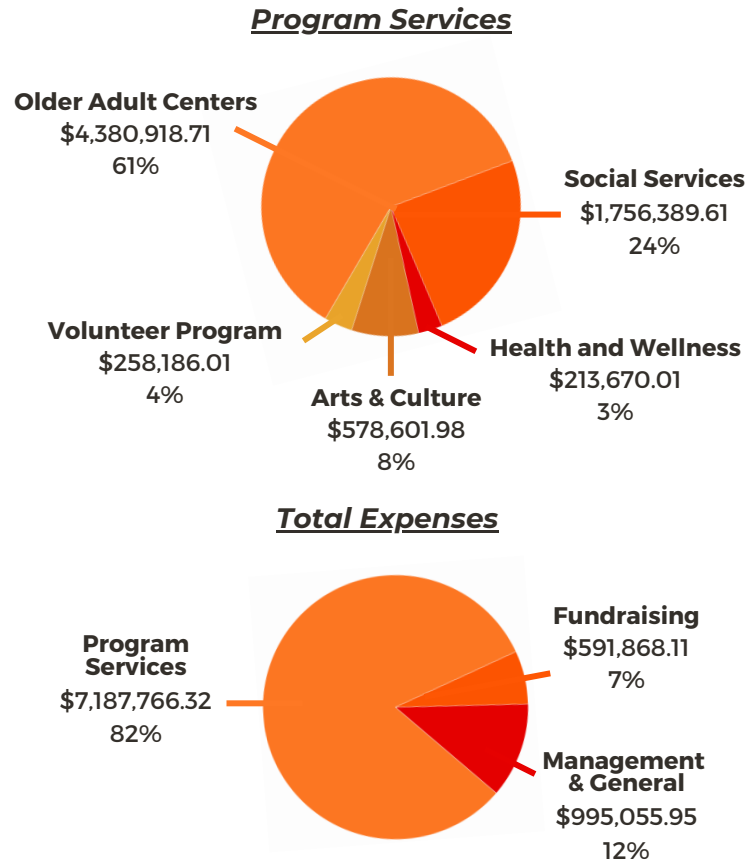
-Belen Bark, Carter Burden Luncheon Club Volunteer

FY 2022 FINANCIALS (UNAUDITED)

REVENUE SOURCES



OPERATING EXPENSES



NET ASSETS BALANCE & COMPOSITION

Liquid Unrestricted Net Assets	\$8,430,046.08**
Net Assets Invested in Fixed Assets	\$250,159.10
Donor Restricted Net Assets	\$230,785.70
Endowment	\$3,324,258.23
Total Net Assets	\$12,235,249.11
Projected Avg. Monthly Operating Expenses	\$665,000.00

**Liquidity was strong at the end the fiscal year. CBN's Liquid reserve balance represents approximately 12 months of operating expenses.

CARTER BURDEN NETWORK FY 2022 DONORS

CBN's accomplishments in FY 2022 were made possible by the generosity of our government and philanthropic funders, corporate partners, and individual donors. While the donor list below includes only FY 2022 contributions of \$5,000 or more, we are deeply grateful for each gift we receive. Donations of all levels are critical to advancing our mission and improving services for New York City's growing older adult community.

\$100,000 and higher

Susan L. Burden
FJC Foundation
New York City Council
New York City Department for the Aging
New York State Assembly

Pritha J. Mittal
Marnie Pillsbury
Roosevelt Island Operating Corporation
Andrew and Catherine Sidamon-Eristoff
Jay and Kelly Sugarman
Vidda Foundation
Mr. and Mrs. Robert J. Waldele

\$50,000 - \$99,999

The K Squared Foundation
Margaret and Ian Smith

\$5,000 - \$9,999

Barclay's
Brick Presbyterian Church Women's Association
Kathryn B. Cashman
Mr. and Mrs. Frederick Childs
Mary Q. Connelly
Constance Beaty Charitable Trust - SEI Giving Fund
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Lindsay C. O'Reilly
Rockway Fuel Oil
Signature Bank
Venable Foundation
Burton Wallack

\$25,000 - \$49,999

Sally T. Bott
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Jewish Communal Fund - Joan Rechnitz
Lenox Hill Hospital/Northwell Health
Lifespan of Greater Rochester
Nicholas B. Ottaway Foundation
Rise Light & Power

\$10,000 - \$24,999

Alan Klein and Lauren Ezrol Klein
Charitable Gift Fund
Johanna Ashby
Bank of America
Colgate-Palmolive
Congregation Emanu-El
Florence V. Burden Foundation
Judith Hardy Woodard
The Hyde and Watson Foundation
Jean and Louis Dreyfus Foundation
Macquarie Group
Macy's
Nina Matis

LOOKING AHEAD TO FY 2023

As we continued our reopening efforts in FY 2022, we did not simply strive for a return to normalcy. Rather, our goal was to incorporate the valuable lessons learned throughout the pandemic into our daily operations and programming. We accomplished this by retaining important tools implemented during the pandemic such as virtual programming and broadcast calling, while building upon these efforts through developments such as hybrid virtual/in-person programming.

As we look to the coming year, we expect the growing challenges caused by inflation to exacerbate the food, income, and housing insecurity already experienced by so many of our clients. We plan to approach this situation with the same responsiveness, comprehensiveness, and adaptability with which we took on the challenges of the pandemic. However, these challenges will also result in increasing operational, food, and supply costs for CBN, calling for greater creativity on our part. As our government contracts fail to keep pace with inflation, donor support is needed more than ever.

Social Services and Case Management

With fixed incomes and increasing costs for rent, food, and utilities, older adults are experiencing growing difficulty in making ends meet within their budgets. Our social service and case management programs will be available to conduct screenings and connect clients to nutritional, income, housing, and transportation benefits that support their stability and efforts to age in place. Supportive counseling will help clients experiencing increased stress, anxiety, and fear as a result of these growing challenges.

Meal Programs

Our OACs will continue to provide congregate meals to support food security and nutritional health for older adults. At our Leonard Covello OAC, we offer breakfast five days a week and lunch seven days a week while our other three centers offer congregate lunch five days a week. These meals provide an opportunity for clients to obtain warm, healthy meals at no cost, and the cost savings ensure that our clients can afford healthy food for meals not eaten at our centers.

With the completed renovation at the Luncheon Club, including an enhanced and expanded kitchen, we also look forward to resuming home delivered meals for high-need homebound older adults on the Upper East Side.

Technology Engagement

CBN's technology initiatives connect clients to low-cost internet and technology solutions that support cost savings while empowering older adults to cross the digital divide and use technology to better meet their needs. We seek to expand these initiatives in FY 2023 to improve clients' self-efficacy and resilience in responding to new challenges.

GET INVOLVED

While 20% of New Yorkers are 60 and over, less than 2% of institutional philanthropy goes to aging programs. Government contracts alone are unfortunately insufficient to sustain the scope and quality of services required to holistically meet the needs of older adults. Your support is critical to our efforts. Please consider getting involved in the following ways to support our mission.

Donate

To make a donation online, please visit carterburdennetwork.org/donate. To donate by phone, please contact our Development Department at 917-409-1260. To donate by mail, checks payable to the Carter Burden Network may be sent to: Carter Burden Network, 415 East 73rd Street, New York, NY 10021.

If you would like to donate specifically to or become a fundraiser for our 2022 Fighting Inflation Campaign, please visit www.carterburdennetwork.org/cbn2022. The campaign will run through December 31, 2022.

Workplace Giving

Workplace Giving Programs provide an easy way to double your impact through Matching Gifts, Volunteer Grants, or by designating the Carter Burden Network as the beneficiary of your company's Corporate Giving Programs.

Planned Giving: Carter Burden Network Legacy Circle

The CBN Legacy Circle provides ways for donors to support our mission for generations to come. The most common way people join our Legacy Circle is through a charitable bequest in a will or living trust.

Program Sponsorships

We welcome restricted gifts that are designated for particular CBN programs based on your or your company's areas of interest. You may consider sponsoring any of CBN's older adult centers or its social service, arts, or health and wellness programs.

Social Media Fundraisers

Facebook fundraisers on behalf of CBN, and birthday fundraisers in particular, are an easy way to reach out to your network to raise funds for our programs and services. Please also consider sharing any campaigns led by CBN on your social media accounts to enhance their reach. CBN can also provide a customized fundraising page to support your personal fundraising event such as a race, walk, etc.

Shop for Seniors

AmazonSmile is a website operated by Amazon with the same products, prices, and shopping features as Amazon.com. When you shop through our AmazonSmile [link](#), the AmazonSmile Foundation will donate 0.5% of your purchase to the Carter Burden Network at no additional cost to you.

Volunteer

Volunteers are critical to our operations, providing their time and expertise to connect older adults to vital services. We welcome volunteers from corporate or community groups, families, or individuals. Our event listings and registration opportunities can be found here: carterburdennetwork.org/become-a-volunteer

THANK YOU FOR MAKING OUR WORK POSSIBLE!

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